

Illness

It is imperative that your child only joins us for the session if he or she is feeling 100%. Please do not bring your child to nursery if they are poorly as it will only result in us telephoning you to come and collect your child.

Alternatively if your child is not coming in for the day please telephone us as soon as possible in the morning.

Like wise we do not wish your child to bring an infectious disease to the setting therefore please take your child to see a Doctor before bringing him/her into the setting.

We do appreciate that small children can pick things up quickly so please be accommodating of us if we telephone you during the day to say that your child is ill. Here at Meithrinfa Ogwen Cyf we would only do this if we felt that your child's best place is at home with mum or dad as this makes for a speedy recovery for the child. Alternatively if the child stayed here they may spread an infection to other children.

Please see a copy of our Infectious Disease Leaflet below:

<u>Disease</u>	<u>Incubation Period</u>	<u>Symptoms</u>	<u>Recommended Exclusion Period</u>
Thrush	-	White patches on the tongue and inside of the mouth.	Until cleared by medication
Impetigo	4-10 days	Blisters containing clear fluid becoming pus-filled or with yellow crusts, surrounded by redness, usually on face. No constitutional upset.	Until lesions are crusted or healed.
Chicken Pox	12-21 days	Rash, sometimes preceded by a slight fever. Crops of small pimples which soon turn to blisters. Mostly on back and chest—few on face, arms and hands.	5 days from onset of rash. Pregnant women in contact should seek advice.
Head Lice	Eggs Hatch in 7-10 days	Detection of early infestation is difficult as the eggs are laid on hair very close to the scalp, and use of a detection comb is recommended. Most cases do not itch.	Treatment if live lice are seen.
Mumps	12-25 days	Fever, painful swelling above angle of lower jaw. No rash.	5 days from onset of swollen glands.

Dysentery, Food Poisoning and Gastroenteritis.	1 hour—11 days	Diarrhoea and /or vomiting, sometimes with tummy pain, fever and headache.	Under 5 years of age for 48 hours after diarrhoea or vomiting has stopped.
Hand, Foot and Mouth Disease	3-5 days	Fever, diarrhoea and nausea, followed with 5 days by blisters/ ulcers on tongue, inside of cheeks, hands and feet.	None.