BWYDLEN - GWYLIAU HAF 2014

Wythnos/Week 1

Cinio	Te
Dydd Llun/Monday	
Sausage, Egg, Tomato, Beans, Toast Fruit a Natural Yoghurt	Mixture of Sandwiches Salad Chocolate Mousse
Dydd Mawrth/Tuesday	
Cottage Pie Sweetcorn Peas Carrots Jelly and Fruit	Ham Cheese Wraps and Salad Fruit
Dydd Mercher/Wednesday	
Make your own pittza Ice Cream	Pasta Soft Cheese Ham Sweetcorn Fruit Yoghurt
Dydd Iau/Thursday	
Mash Sausage Gravy Peas Sweetcorn Carrots	Beans Cheese Toast
Crumble Custard	Fruit Yoghurt
Dydd Gwener/Friday	
BBQ Chicken Wraps Wedges Salad Bread and Butter Pudding Custard	Sweet and Savory Skewers

A drink of fresh water is available all day. Fruit is available every day. We prepare food from the original ingredients and we do not knowingly use food that has been genetically modified. We cater for special diets with supporting medical advice. Vegetarian option available on request in advance.

Breakfast will be a choice of toast, cereal and fruit on all days.

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Wythnos/Week 2

Cinio	Te
Dydd Llun/Monday	
Mixture of Sandwiches Chocolate Mouse	Pasta Tuna Ham Tomato Yoghurt
Dydd Mawrth/Tuesday	
Sweet and Sour Chicken Garlic Bread Jelly Fruit	Sweet and Savory Skewers
Dydd Mercher/Wednesday	
Carbonara Fruit Yoghurt	Picnic/Afternoon Tea Sandwiches Scones Cakes
Dydd Iau/Thursday	
Bocs Bwyd - Trip Supply Your Own	Pizza Popcorn
Dydd Gwener/Friday	
Jacket Potato Fruit Skewers (Children Make Their Own)	Wraps Chicken Salad

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